

Carpal Tunnel Syndrome – Median Neuropathy – Specialty Consult

Prior Authorization Request

Date _____

Member information		
Member name (print)	SMID	Date of birth (month/day/year)
Provider information		
Provider name (print)	Telephone number	Fax number
Place of service: <input type="checkbox"/> Ambulatory Surgery Center <input type="checkbox"/> Hospital outpatient <input type="checkbox"/> Hospital inpatient <input type="checkbox"/> Provider's office <input type="checkbox"/> Other _____		
Facility where services will be provided (include address if the provider provides services at more than one practice location)		
Referring provider name (print)	Telephone number	Fax number
Referring provider's contact person name (print)	Telephone number	
Procedure information		
Scheduled date of service (month/day/year)	Requested service/procedure	Procedure code(s)
Diagnosis	Diagnosis code(s)	

Answer all of the following questions.

Is this consult needed due to an acute injury Yes No

If yes, date (month/day/year) of injury _____ / _____ / _____

If yes, clinical information is not required. Submit form to Security Health Plan for notification.

If factors below are present, expeditious surgical evaluation may be necessary, and a 6-week trial of conservative management would not be required prior to referral to a surgical specialist:

- Weakness of thenar muscles, including weakness of grip or pinch Yes No
- Thenar muscle atrophy Yes No
- Impairment of dexterity Yes No
- 2-point discrimination > 6 mm in median nerve distribution Yes No
- Prolonged periods of numbness lasting more than a few minutes and occurring several times during any 24-hour period Yes No
- Constant or nearly constant numbness in the median nerve distribution Yes No
- Documented symptoms of carpal tunnel syndrome of 6 months or longer..... Yes No

If yes to above questions, do not wait for approval. Submit form to Security Health Plan for notification.

In the absence of severe symptoms for which expedited surgical evaluation may be necessary:

Are there findings in the affected wrist/hand/forearm Yes No

Is there pain, paresthesia, numbness, or impaired dexterity..... Yes No

Are there continued symptoms or findings after treatment greater than or equal to 6 weeks:

• Wrist splints greater than or equal to 6 weeks..... Yes No

• Activity modification greater than or equal to 6 weeks..... Yes No

Has patient had carpal tunnel surgery within the last year Yes No

If yes, date (month/day/year) of surgery _____ / _____ / _____

By signing this form, the provider attests that the above information is accurate and documented in the medical record. Security Health Plan may, at its discretion, request medical records to make a final coverage determination.

Provider signature

Date

Pre-service decisions: Initial review is received and a coverage determination is made within fourteen (14) calendar days of receipt of request. The member and/or provider are notified in writing of a denial decision within fourteen (14) calendar days of receipt of the request.

Urgent pre-service decisions: Initial review is received and a coverage determination is made within seventy-two (72) hours of receipt of request.

Mail or fax form to: Security Health Plan
Health Services Department
PO Box 8000
Marshfield, WI 54449-8000
Fax 715-221-6616

Marshfield Clinic providers route to:
Health Services Department
Routing location, SHP

If you have any questions, please contact Customer Service at 1-800-548-1224.