SecurityHealth Plan

Step therapy

Security Health Plan maintains a list of medications that require step therapy. These guidelines are in place so lower-cost medications that have the same clinical effect are tried first. Medical records indicating the member has tried and failed at least a 30-day supply of one or more of the step medications before the plan will cover the target medication. This policy only pertains to medications on the formulary, any non-formulary medications will be reviewed as a formulary exception.

To request a step therapy override or formulary exception, please log in to the Security Health Plan Provider Portal at **www.securityhealth.org**. For questions regarding this list, contact our Pharmacy Services Team at **(877) 873-5611**.

Antidepressant medications (SSRI/SNRI)

Target medication	Step medication
Viibryd (vilazodone) Fetzima Trintellix desvenlafaxine ER (Khedezla authorized generic) Desvenlafaxine Fumerate Khedezla Pexeva	citalopram desvenlafaxine (Pristiq generic) duloxetine escitalopram fluoxetine fluvoxamine paroxetine sertraline venlafaxine venlafaxine ER

Atypical antipsychotic medications

Target medication	Step medication	
Vraylar Fanapt Latuda Rexulti Saphris Caplyta Secuado Lybalvi	aripiprazole clozapine clozapine odt olanzapine olanzapine odt olanzapine/ fluoxetine	paliperidone ER quetiapine quetiapine ER risperidone risperidone odt ziprasidone

C. Diff step therapy (Dificid)

Target medication	Step medication
Dificid Tablets Dificid Suspension	vancomycin Capsules vancomycin solution

CGRP prophylactic

Target medication	Step medication
Aimovig Emgality Ajovy Nurtec *(Claim must be for a quantity of 15 over a 30-day span) Qulipta	*Must try one from two different classes Beta-blockers • propranolol • timolol • metoprolol • atenolol • nadolol Tricyclic Antidepressants • amitriptyline • nortriptyline Anti-epileptics • divalproex • valproic acid • topiramate SNRI • venlafaxine • venlafaxine ER • duloxetine

Chronic idiopathic constipation

must fail two step medications

Target medication	Step medication
Ibsrela Motegrity Trulance	Amitiza Linzess Lubiprostone

COPD medications

Target medication	Step Medication
Lonhala Yupreli	Incruse Ellipta Spiriva Spiriva Respimat Tudorza

Fibromyalgia medications

Target medication	Step medication
Lyrica CR Savella	duloxetine gabapentin pregabalin

Glaucoma (ophthalmic prostaglandin) medications

Target medication	Step medication
Lumigan 0.01% Zioptan Vyzulta Rocklatan	bimatoprost 0.03% ophthalmic solution latanoprost 0.005 ophthalmic solution Xelpros travoprost 0.004%

Gout medications

Target medication	Step medication
Uloric (febuxostat)	allopurinol

Gout mitagare step therapy

Target medication	Step medication
colchicine 0.6mg capusle Mitigare	colchicine 0.6mg tablet (Colcrys generic)

Hyperhidrosis medications

Target medication	Step medication
Qbrexza	Drysol Xarac AC

Inhaled corticosteroid step therapy

Target medication	Step medication
Pulmicort HFA Flovent Diskus ABA	Arnuity Ellipta Asmanex Qvar

Non-hormonal VMS step therapy

Target medication	Step medication	
Veozah Paroxetine 7.5mg Lynkuet	Gabapentin Citalopram Escitalopram Fluoxetine Fluvoxamine Paroxetine	Paroxetine ER Sertaline Desvenlafaxine ER Duloxetine Venlfaxine Venlafaxine ER

Non-stimulant ADHD step therapy

Target medication	Step medication
Qelbree	atomoxetine

Ophthalmic steroid medications

must step through a generic as well as Inveltys or Lotemax SM

Target medication		Step medication
FML Forte Pred Mild Lotemax (loteprednol) SUS	Lotemax Gel Lotemax Oint Alrex Durezol	prednisolone acetate 1% dexamethasone 0.1% flurometholone 0.1% Inveltys Lotemax SM

Orexin receptor antagonist step therapy (Dayvigo, Belsomra)

must fail two step medications

Target medication	Step medication	
Dayvigo	eszopiclone	temazepam
Belsomra	zaleplon	ramelteon
Quviviq	zolpidem	doxepin
	triazolam	

Overactive bladder medications

Target medication	Step medication	
Gemtesa	darifenacin ER	trospium
Myrbetriq	oxybutynin	trospium ER
Toviaz	oxybutynin ER	solifenacin
Myrbetriq Suspension	tolterodine	

Pancreatic enzyme step therapy

must fail two step medications

Target medication	Step medication
Pancreaze	Creon
Pertzye	Zenpep
Viokace	

Parkinson's

Target medication	Step medication
Crexont	carbidopa/levodopa
	carbidopa/levodopa ER
	carbidopa/levodopa ODT
	carbidopa/leodopa/entacapone

Reyvow

must fail two step medications

Target medication	Step medication
Reyvow	almotriptan
	eletriptan
	frovatriptan
	naratriptan
	sumatriptan
	zolmitriptan

Topical phosphodiesterase-4 inhibitor step therapy	
Target medication	**Step medication**
Eucrisa Zoryve	amcinonide 0.1% betamethasone dipropionate augmented 0.05% betamethasone valerate 0.1% clobetasol propionate 0.05% desoximetasone 0.05% diflorasone diacetate 0.05% fluocinonide 0.05% fluocinonide 0.1% halcinonide 0.1% halobetasol propionate 0.1% halobetasol propionate 0.05% mometasone furoate ointment 0.1% triamcinolone 0.5% pimecrolimus 1% tacrolimus 0.1% tacrolimus 0.03% Calcipotriene tazarotene calcitriol

Vivjoa step therapy	
Target medication	**Step medication**
Vivjoa	Fluconazole

Inhaled Anticholinergic Step Therapy **must fail two step medications**	
Target medication	**Step medication**
Bevespi	Stiolto Arnuity Elipta

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33141-002 (6/26)