Get help managing your medications



It's important you receive the safest and most effective medication therapy possible. That's why Security Health Plan offers free Medication Therapy Management (MTM) services to all Security Health Plan members who have pharmacy benefits.

An annual medication review only takes about 10-15 minutes over the phone. After meeting with you, the pharmacist will follow up with your doctor (if necessary and with your permission) to resolve any problems with your medication. You will also receive a follow-up letter that includes a written copy of your medication action plan and personal medication list to keep track of your medications.

Reasons to complete an annual medication review:

1. Get the most from your medications
2. Identify duplications or harmful drug reactions
3. Organize your medication schedule
4. Find lower-cost alternatives to your prescriptions (if appropriate)
5. Get answers to your questions about prescriptions and over-the-counter drugs

Get to know your pharmacists!

Meet Amanda
I grew up in central Wisconsin and attended pharmacy school at the University of Wisconsin-Madison. I have been part of the Security Health Plan pharmacy team since 2018. My favorite part about my job is the opportunity to help our members learn more about their medications. When I'm not working I enjoy spending time with my family, downhill skiing, and riding my two horses.



Meet Kurt
I'm from upstate New York and went to pharmacy school at the University of Wyoming. After graduation, I completed one year of post-graduate training at Marshfield Clinic Health System and have worked at Security Health Plan since 2016. When I'm away from my desk, I enjoy spending time outdoors and hiking with my two dogs.



What members say about Security Health Plan's MTM program:

"This was my second time doing the program. The first time I did the review it was very helpful. I'm so glad that we have a program like this."

"I'm so glad they called me. I have a difficult time getting in to see my doctor with COVID-19 going on. They answered my questions and helped ease my concerns about drug side effects and my inhalers. I am very thankful for the MTM service and for the opportunity to have a second set of eyes reviewing all of my medication. I see many different providers and it is reassuring to have the pharmacy team overseeing my care."

SecurityHealth Plan℠
Promises kept, plain and simple.®

MTM success stories

- We noticed a member's dose of a drug was too high based on her kidney function. We contacted the provider who agreed to reduce the dose, helping lower the risk of potential complications based on an unsafe dosage.
- A member changed heart failure medications. When we spoke with him, he had not stopped taking the previous drug, increasing his risk for a serious drug interaction. We contacted the member's provider to confirm the medication plan and were able to stop the member from taking the previous medication and start on the new one.



Ready to get started?

To set up a phone appointment, call Security Health Plan Pharmacy Services at **1-888-651-7543** (TTY 711).

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Not interested in MTM services?

Previously enrolled in MTM services but no longer wish to participate?

Complete and return this form in the enclosed envelope. We will then stop calling you for your annual medication review.

Name: _____

Address: _____

City: _____ Zip code: _____

Date of birth: _____

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