

# Preventive Drug List



2020

SecurityHealth Plan<sup>SM</sup>

Promises kept, plain and simple.<sup>®</sup>

## Introduction

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In addition to a healthy lifestyle, preventive prescription drugs are important in helping people avoid many types of illnesses and complications from illnesses. This book contains a list of the most commonly prescribed preventive prescription drugs. It does not include all conditions that may be prevented with prescription drugs. The prescription drugs listed serve to maintain a person's health status and to avoid acute complications. This list is not all-inclusive and is subject to change.

Important facts about this benefit

- Please refer to your plan documents for coverage on the selected products. Quantity limits, step therapy, prior authorizations and other coverage limitations may apply.
- Quantities are limited to a maximum 3-month supply per fill.
- Tier 3 medications listed on the Security Health Plan Formulary are not routinely placed on the preventive list.
- If a generic equivalent product is available, the originator brand medication will not be covered (Example: simvastatin is covered, ZOCOR is not).
- This list is updated annually on a calendar year basis.

The covered preventive drugs are divided into medication categories. The Diabetic Drugs and Supplies category is further divided into two subcategories labeled "Diabetic List" and "Insulin and Insulin Supply List." Drugs are considered preventive by Security Health Plan when taken by a person who has developed risk factors for a disease that has not yet become clinically apparent (e.g., blood pressure or cholesterol drugs to prevent heart attack or stroke). Taking these medications as directed by your prescriber can help avoid serious health problems.

Note: Some plans do not include this preventive drug list and some plans cover the entire preventive drug list, while other plans will only cover select categories within the list. Please refer to your plan documents for information specific to your preventive coverage.

# Preventive Drug List

## Asthma and chronic obstructive pulmonary disease (COPD) drugs

### Prevention of an asthma or COPD episode

Albuterol nebulas	Metaproterenol syrup
Albuterol Sulfate ER tablet	Montelukast granules
Albuterol Sulfate tablet	Montelukast tablet
Albuterol syrup	Montelukast tablet chew
Anoro <sup>®</sup> Ellipta inhaler	QVAR <sup>®</sup> RediHaler
Arnuity <sup>®</sup> Ellipta inhaler	Serevent <sup>®</sup> Diskus
Budesonide suspension	Spiriva <sup>®</sup> Handihaler
Combivent <sup>®</sup> Respimat inhaler	Spiriva <sup>®</sup> Respimat inhaler
Cromolyn nebulas	Stiolto <sup>®</sup> Respimat inhaler
Flovent <sup>®</sup> Diskus	Terbutaline tablet
Flovent <sup>®</sup> HFA inhaler	Theophylline elixir
Fluticasone-Salmeterol inhalation powder	Theophylline ER tablet
Incruse <sup>®</sup> Ellipta	Theophylline tablet
Ipratropium-Albuterol nebulas	Trelegy <sup>®</sup> Ellipta inhaler
Ipratropium 0.02% solution	Ventolin <sup>®</sup> HFA inhaler
Levalbuterol nebulas	Wixela <sup>®</sup> Inhub inhalation powder
Metaproterenol tablet	Zafirlukast tablet

## Blood thinners

### Prevention of stroke, blood clot or repeat heart attack

Brilinta <sup>®</sup> tablet	Eliquis <sup>®</sup> tablet
Clopidogrel tablet	Jantoven <sup>®</sup> tablet
Coumadin <sup>®</sup> tablet	Prasugrel tablet
Dipyridamole tablet	Warfarin tablet
Dipyridamole capsule	Xarelto <sup>®</sup> tablet

## Diabetes drugs and supplies

### Prevention of complications related to high blood sugar

#### Diabetic List:

Acarbose tablet  
Alogliptin tablet  
Alogliptin-Metformin tablet  
Alogliptin-Pioglitazone tablet  
Glimepiride tablet  
Glipizide tablet  
Glipizide ER tablet  
Glipizide XL tablet  
Glipizide-Metformin tablet  
Glyxambi<sup>®</sup>  
Invokamet<sup>®</sup> tablet  
Invokamet<sup>®</sup> XR tablet  
Invokana<sup>®</sup> tablet  
Janumet<sup>®</sup> tablet  
Janumet<sup>®</sup> XR tablet  
Januvia<sup>®</sup> tablet  
Jardiance<sup>®</sup> tablet  
Jentadueto<sup>®</sup> tablet  
Jentadueto<sup>®</sup> XR tablet  
Metformin tablet  
Metformin ER tablet  
Nateglinide tablet

#### Insulin and Insulin Supply List:

Alcohol prep pads  
Batteries  
Chemstrips  
Dexcom<sup>®</sup> (if over age 18, prior authorization is required)  
Diastix<sup>®</sup> (urine glucose test strips)  
Fiasp<sup>®</sup>  
FreeStyle<sup>®</sup> control solution  
FreeStyle<sup>®</sup> Freedom Lite meter  
FreeStyle<sup>®</sup> InsuLinx Plus meter  
FreeStyle<sup>®</sup> InsuLinx test strips  
FreeStyle<sup>®</sup> Libre reader  
FreeStyle<sup>®</sup> Libre sensors  
FreeStyle<sup>®</sup> Lite Meter  
FreeStyle<sup>®</sup> Lite test strips  
FreeStyle<sup>®</sup> Optium ketone strips  
FreeStyle<sup>®</sup> test strips  
FreeStyle<sup>®</sup> lancets  
Glucagon<sup>®</sup> emergency kit  
Insulin needles  
Insulin syringes  
Keto-Diastix<sup>®</sup> (urine glucose-acet test strip)  
Lancets

## Diabetes drugs and supplies (continued)

### Prevention of complications related to high blood sugar

#### Diabetic List:

Ozempic® injection  
Pioglitazone-Glimepiride tablet  
Pioglitazone tablet  
Repaglinide tablet  
Repaglinide-Metformin tablet  
Synjardy® tablet  
Synjardy® XR tablet  
Tolazamide tablet  
Tolbutamide tablet  
Tradjenta® tablet  
Trulicity® injection  
Victoza® injection

#### Insulin and Insulin Supply List:

Lantus®  
Novolin® 70-30  
Novolin® N  
Novolin® R  
Novolog®  
Novolog® Mix 70-30  
Precision® Neo test strips  
Precision® Xtra beta ketone test strips  
Precision® Xtra meter  
Precision® Xtra test strips  
Precision® Xtra control solution  
Toujeo®  
Trueplus® Ketone test strips

## Heart disease drugs

### Prevention of heart disease

Amiodarone tablet  
Digoxin tablet  
Digoxin oral solution  
Disopyramide capsule  
Dofetilide capsule  
Flecainide tablet  
Isosorbide Dinitrate tablet  
Isosorbide mononitrate tablet  
Mexilitine capsule  
Nitroglycerin sublingual tablet  
Propafenone tablet  
Quinidine tablet  
Sotalol AF tablet  
Sotalol tablet

## High blood pressure drugs

### Prevention of stroke, complications due to high blood pressure and reoccurrence of heart attack

Acetazolamide tablet  
Acebutolol capsule  
Afedintab CR tablet  
Amiloride tablet  
Amiloride-HCTZ tablet  
Amlodipine tablet  
Amlodipine -Valsartan tablet  
Amlodipine -Valsartan-HCTZ tablet  
Amlodipine-Benazepril tablet  
Atenolol tablet  
Atenolol-Chlorthalidone tablet  
Benazepril tablet  
Benazepril-HCTZ tablet  
Betaxolol tablet  
Bisoprolol tablet  
Bisoprolol-HCTZ tablet  
Bumetanide tablet  
Candesartan tablet  
Candesartan-HCTZ tablet  
Captopril tablet  
Captopril-HCTZ tablet  
Cartia® XT capsule  
Carvedilol tablet  
Chlorothiazide tablet  
Chlorthalidone tablet  
Clonidine tablet  
Clonidine Transderm Patch  
Dilt® XR capsule  
Diltiazem tablet  
Irbesartan-HCTZ tablet  
Isradipine capsule  
Labetalol tablet  
Lisinopril tablet  
Lisinopril-HCTZ tablet  
Losartan tablet  
Losartan-HCTZ tablet  
Methylothiazide tablet  
Methyldopa tablet  
Metolazone tablet  
Metoprolol Succinate ER tablet  
Metoprolol Tartrate tablet  
Metoprolol-HCTZ tablet  
Minoxidil tablet  
Moexipril tablet  
Nadolol tablet  
Nifedipine ER tablet  
Olmesartan tablet  
Olmesartan/HCTZ tablet  
Perindopril tablet  
Pindolol tablet  
Prazosin capsule  
Propranolol tablet

## High blood pressure drugs (continued)

Prevention of stroke, complications due to high blood pressure and reoccurrence of heart attack

Diltiazem 12Hr ER capsule	Irbesartan tablet
Diltiazem 24Hr CD capsule	Propranolol ER capsule
Diltiazem 24Hr ER capsule	Propranolol-HCTZ tablet
Diltiazem 24Hr ER tablet	Quinapril tablet
Diltiazem ER capsule	Quinapril-HCTZ tablet
Doxazosin capsule	Ramipril capsule
Enalapril tablet	Spiroolactone tablet
Enalapril-HCTZ tablet	Spiroolactone-HCTZ tablet
Epaned oral solution	Telmisartan tablet
Eplerenone tablet	Telmisartan-HCTZ tablet
Eprosartan tablet	Terazosin capsule
Ethacrynic Acid tablet	Timolol tablet
Felodipine ER tablet	Torseamide tablet
Fosinopril tablet	Trandolapril tablet
Fosinopril-HCTZ tablet	Trandolapril -Verapamil ER tablet
Furosemide solution	Triamterene-HCTZ capsule
Furosemide tablet	Triamterene-HCTZ tablet
Guanfacine tablet	Valsartan tablet
Hydralazine tablet	Valsartan-HCTZ tablet
Hydrochlorothiazide capsule	Verapamil tablet
Hydrochlorothiazide tablet	Verapamil ER tablet
Indapamide tablet	

## High cholesterol drugs

High cholesterol drugs (prevention of heart disease)

Atorvastatin tablet	Fenofibric Acid DR capsule
Cholestyramine for oral suspension	Fluvastatin capsule
Cholestyramine Light for oral suspension	Gemfibrozil tablet
Colestipol tablet	Lovastatin tablet
Colestipol granules	Niacin ER tablet
Colestipol tablet	Pravastatin tablet
Ezetimibe tablet	Rosuvastatin tablet
Fenofibrate (54mg, 160mg) tablet	Simvastatin tablet
Fenofibric Acid tablet	

## Mental health drugs

Prevention of symptoms of anxiety, depression or other mood disorders

Citalopram tablet	Fluoxetine solution
Citalopram solution	Paroxetine tables (10, 20, 30 40 mg)
Escitalopram tablet	Sertraline tablet
Escitalopram solution	Sertraline solution
Fluoxetine capsule (10, 20, 40 mg)	

## Osteoporosis (bone disease) drugs

Prevention of bone fractures

Alendronate tablet	Raloxifene tablet
Calcitonin (Salmon) Nasal spray	Risedronate tablet
Ibandronate tablet	

## Prenatal vitamins

Prevention of birth defects

Prenatal vitamin tablets (generic versions only)

# Notice of nondiscrimination

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## Discrimination is against the law

Security Health Plan of Wisconsin, Inc., complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations. Security Health Plan does not exclude people or treat them differently because of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status.

## Security Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact Customer Service at 1-800-472-2363 (TTY: 711). If you believe that Security Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status, you can file a grievance with:

Security Health Plan  
Attn: Grievances  
1515 North Saint Joseph Avenue  
Marshfield, WI 54449-8000

Phone: 715-221-9596 (TTY: 711) Fax: 715-221-9424 Email: [shp.appeals.grievance@securityhealth.org](mailto:shp.appeals.grievance@securityhealth.org)

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, Security Health Plan can help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW.  
Room 509F, HHH Building  
Washington, DC 20201

Phone: 1-800-368-1019 or 800-537-7697 (TDD)  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

# Language Assistance Services

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ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-472-2363 (TTY: 711).

## Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY: 711).

## Hmoob (Hmong)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY: 711).

## 繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-472-2363 (TTY: 711)。

## Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-472-2363 (TTY: 711).

## العربية (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 3632-274-008-1 (رقم هاتف الصم والبكم: 117).

## Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-472-2363 (телетайп: 711).

## 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-472-2363 (TTY: 711) 번으로 전화해 주십시오.

## Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-472-2363 (TTY: 711).

## Deitsch (Pennsylvania Dutch)

Wann du Deitsch schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: 1-800-472-2363 (TTY: 711).

## ພາສາລາວ (Lao)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທສ 1-800-472-2363 (TTY: 711).

## Français (French)

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-472-2363 (ATS : 711).

## Polski (Polish)

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-472-2363 (TTY: 711).

**हिंदी (Hindi)**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-472-2363 (TTY: 711) पर कॉल करें।

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KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 1-800-472-2363 (TTY: 711).

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PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-472-2363 (TTY: 711).

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**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY: 711).

**LUS CEEV:** Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY: 711).