Member-centric Care

Inspires Healthy Workers

Security Health Plan's Workplace Wellness program is an integration of traditional health and wellness features with advanced care management services to enhance employee health and wellbeing. It begins by aligning employees with a primary care provider to receive a routine preventive exam. Having a regular primary care provider leads to early identification of health issues before they become costly to treat. Next, employees complete a health assessment and receive an action plan and resources to reduce risks. In addition, employers get regular reports of employee health issues such as stress, weight management, nutrition, exercise, and more.

Beyond health assessments and risk identification, we provide valued assistance to help employees manage chronic conditions and get the care they need to recover after a hospitalization.

Decrease Health Risks
Improve Health
Boost Morale
Drive Productivity
Attract Talent

call 844-616-5385
email shp.new.quotes@securityhealth.org
visit www.securityhealth.org/wellness

1515 North Saint Joseph Avenue
PO Box 8000
Marshfield, WI 54449-8000

EL-SH02-0716     © 2016 Security Health Plan of Wisconsin, Inc.

We Care About Community

To us, wellness goes beyond individuals or even companies. We care for the wellness of every community we're so proud to serve.

Since 2012 Security Health Plan has supported …

We invest where our members live, work, and play based on each community's needs and our ability to provide evidence-based outcomes. We also partner with organizations to support the community health initiatives that matter most to them. Why so much effort? Because it's the right thing to do.

53 community health initiatives
35 counties
150,000 individuals

Growing Wellness

WORKPLACE WELLNESS AND CARE MANAGEMENT

Security Health Plan
Promises kept, plain and simple.
Member-centric Care Inspires Healthy Workers

Security Health Plan’s Workplace Wellness program is an integration of traditional health and wellness features with advanced care management services to enhance employee health and wellbeing.

It begins by **aligning employees with a primary care provider** to receive a routine preventive exam. Having a regular primary care provider leads to early identification of health issues before they become costly to treat. Next, employees **complete a health assessment** and receive an action plan and resources to reduce risks. In addition, employers **get regular reports** of employee health issues such as stress, weight management, nutrition, exercise, and more.

Beyond health assessments and risk identification, we provide valued assistance to help employees **manage chronic conditions** and get the care they need to recover after a hospitalization.
Healthy employees are happy and productive. Security Health Plan provides personalized care management, from common to the complex, that decreases lost work time and improves your overall company culture. Let’s create a healthful work environment that fosters productivity by decreasing risk, boosting morale, and improving health.

**What we provide**
- Telephonic and onsite health coaching
- Online health coaching
- Online health challenges
- Health educators
- Reports to manage wellness incentives

**How we support**
- Worksite and web-based presentations
- Wellness eNewsletters
- Fitness center discounts
- Wellness program consultation

**How you evaluate**
- Summary of health risks and productivity
- Program participation results

**6 STEPS to Wellness Success**
1. **ASSESS YOUR NEEDS**
2. **DEVELOP A PLAN**
3. **OFFER TARGETED HEALTH PROGRAMS**
4. **ENCOURAGE PARTICIPATION**
5. **CREATE A HEALTHIER WORK ENVIRONMENT**
6. **RECEIVE PARTICIPANT REPORTS**

Together these steps reduce health risks, boost morale and productivity, and improve health.

**Unique Solutions From a Unique Approach**
**EVIDENCE-BASED, DATA-DRIVEN CARE MANAGEMENT AND WELLNESS SOLUTIONS**

We think differently. By offering recommendations based on proven data, real evidence, and solid modeling, we create customized worksite wellness programs that result in faster identification and quicker intervention. Our trained wellness professionals coordinate and collaborate with primary care providers, a critical step in seamless care, to provide only necessary services for the health and wellness of members. Our wellness professionals address member health risks or concerns to deliver better experiences and serve as true advocates for members.

**Integrated for Seamless Member Experiences**
- Wellness and Health Promotion
- Chronic Care Management
- Behavioral Health Management
- Transitional Care Management
- Utilization Management

**Worksite Wellness**
**IT STARTS WITH A PRIMARY CARE PROVIDER**

**What we encourage**
- Choose a primary care provider
- Annual preventive exam
- Online health assessment
- Worksite culture assessment

**Life-Changing Workplace Wellness**
**FROM TWO PERSPECTIVES**

**Employers Recognize That We Share Their Goals**
It’s quite simple: you save when your employees remain healthy. That’s why you’re always searching for a better way to offer an effective wellness program that will reduce risks and improve health. You know worker health is not only a critical investment in your company’s most valuable resource, it attracts top talent. Contact us to see how a customized solution from Security Health Plan makes sense.

**Employees Appreciate Our Comprehensive Approach**
It’s comforting to know experienced, insightful wellness professionals are ready to help your employees. People who align primary care providers with worksite wellness solutions to uncover potential or long-standing issues that affect happiness, productivity, and performance. Security Health Plan takes a holistic approach to individual wellness and can be a great culture fit within your company.
promoting wellness

encouraging growth

attracting talent

changing lives

Healthy employees are happy and productive employees. Security Health Plan provides personalized care management, from common to the complex, that decreases lost work time and improves your overall company culture. Let’s create a healthful work environment that fosters productivity by decreasing risk, boosting morale, and improving health.
We Care About Community

To us, wellness goes beyond individuals or even companies. We care for the wellness of every community we’re so proud to serve.

Since 2012 Security Health Plan has supported ...

53 community health initiatives
35 counties
150,000 individuals

We invest where our members live, work, and play based on each community’s needs and our ability to provide evidence-based outcomes. We also partner with organizations to support the community health initiatives that matter most to them. Why so much effort? Because it’s the right thing to do.

call 844-616-5385
email shp.new.quotes@securityhealth.org
visit www.securityhealth.org/wellness

1515 North Saint Joseph Avenue
PO Box 8000
Marshfield, WI 54449-8000

SecurityHealth Plan SM
Promises kept, plain and simple.