

CAGE Questionnaire

1. Have you ever felt you should **C**ut down on your drinking?
2. Have people **A**nnoyed you by criticizing your drinking?
3. Have you ever felt bad or **G**uilty about your drinking?
4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (**E**ye opener)?

Scoring: Item responses on the **CAGE** are scored 0 for “no” and 1 for “yes” answers, with a higher score an indication of alcohol problems. A total score of 2 or greater is considered clinically significant.

While the normal cut-off for the **CAGE** is 2 positive answers, the consensus panel of the substance abuse and mental health services administration recommends that primary care physicians lower the threshold to one positive answer to cast a wider net and identify more patients who may have substance abuse disorders.

CAGE questions adapted to include drugs (CAGE-AID)

1. Have you ever felt you should **C**ut down on your drinking or drug use?
2. Have people **A**nnoyed you by criticizing your drinking or drug use?
3. Have you ever felt bad or **G**uilty about your drinking or drug use?
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (**E**ye opener)?

Substance abuse screening instrument	Yes	No
Have you ever done something crazy while high and had to make excuses for your behavior		
Have you ever felt really burnt out for a day after using drugs		
Have you ever gotten out of bed in the morning and really felt wasted		
Did you ever get high in school		
Have you gotten into a fight while you were high (including drinking)		
Do you think about getting high a lot of the time		
Have you ever thought about committing suicide when you were high		
Have you run away from home, partly because of an argument over drug use		
Did you ever try to stick to one drug after a bad experience mixing drugs		
Have you gotten into a physical fight during a family argument over drugs		
Have you ever been suspended because of something you did while high		
Do you usually keep a supply (of drugs) for emergencies, no matter how small		
Have you ever smoked some pot to get over a hangover		
Have you ever felt nervous or cranky after you stopped using for a while		
SCORE		