

Antidepressant First Line Drugs

Drug recommendations based on patient scenario

Scenario	Recommended Drug
Most patients with depression	<ul style="list-style-type: none"> • fluoxetine • paroxetine • mirtazapine • bupropion • citalopram
Patients with depression with prominent somatic symptoms of anxiety	<ul style="list-style-type: none"> • paroxetine • citalopram • mirtazapine
Patients with depression with hypersomnolence	<ul style="list-style-type: none"> • fluoxetine • bupropion
Elderly and frail patients	<ul style="list-style-type: none"> • bupropion • citalopram • sertraline
Patients with prominent insomnia	<ul style="list-style-type: none"> • mirtazapine • citalopram, paroxetine and fluoxetine can be effective after several weeks
Children	<ul style="list-style-type: none"> • Discuss with psychiatry • fluoxetine is the only SSRI or antidepressant approved for the treatment of children 7 years and older
Pregnant women and those planning pregnancy	<ul style="list-style-type: none"> • Discuss with obstetrics or psychiatry